

LIONEL WALDEN PRIMARY SCHOOL

Lunch Menu October 2023 to March 2024



Week One

W/C 30 Oct, 20 Nov, 11 Dec, 8 Jan, 29 Jan, 26 Feb, 18 Mar

Monday	Tuesday	Wednesday	Thursday	Friday
Pepperoni pizza Margarita pizza Tuna salad	Roast chicken Cheese quiche	Shepherds pie Spiced pork wrap Egg salad	Sausage Quorn sausages Ham salad	Fish fingers Quorn chilli
Potato waffles Spaghetti hoops	Roast and mashed potatoes Carrots	Herby potatoes Peas	Roast and mashed potatoes Mixed vegetables	Chips or rice Baked beans
Treacle Sponge with custard Yoghurt Fresh Fruit	Norwegian spice cake with custard Cookies Fresh fruit	Fudge tart with chocolate sauce Yoghurt Fresh fruit salad	Jam tart and custard Date flapjack Fresh fruit	Chocolate cherry slice with custard Frozen yoghurt Fresh fruit



Week Two

W/C 6 Nov, 27 Nov, 18 Dec, 15 Jan, 5 Feb, 4 Mar, 25 Mar



Monday	Tuesday	Wednesday	Thursday	Friday
Beef lasagna Fish cakes Quorn wraps	Pepperoni pizza Margarita pizza Ham salad	Chicken casserole and dumplings Beef grill Egg salad	Roast pork Cheese whirl	Hot dogs Quorn hot dogs Tuna salad
Garlic bread Potato wedges Baked beans	Potato waffles Sweetcorn	Herby potatoes Mixed vegetables	Roast and mash potato Carrots	Chips Spaghetti hoops
Lemon love cake with custard Yoghurt Fresh fruit	Fruit crumble and custard Yoghurt Fresh fruit salad	Chocolate chip sponge with custard Yoghurt Fresh fruit	Sticky toffee pudding with custard Yoghurt Melon	Cookies Flapjack Fresh fruit



Week Three

W/C 13 Nov, 4 Dec, 1 Jan, 22 Jan, 12 Feb, 11 Mar



Monday	Tuesday	Wednesday	Thursday	Friday
Breaded chicken Quorn burger Tuna salad	Pork meatballs Beef cobbler Cheese salad	Chicken tikka masala Macaroni cheese Ham salad	Roast beef and Yorkshire pudding Baked bean lasagna	Battered fish Mexican wraps Egg salad
Potato waffles Spaghetti hoops	Pasta or herby potatoes Mixed vegetables	Garlic bread Rice Sweetcorn	Roast and mashed potatoes Carrots	Chips Peas
Blackberry and apple crumble with custard Cookies Melon	Carrot cake with vanilla sauce Yoghurt Fresh fruit	Jam sponge with custard Yoghurt Fresh fruit salad	Chocolate sponge with custard Yoghurt Fresh fruit	Iced bun Frozen yoghurt Fresh fruit

Fresh Homemade Bread and Salad Bar Available Daily